

Marshmallow Tincture 50ml

**Brand:****Product Code:** 722301199657**Availability:** 2 - 3 Days**Weight:** 150.00kg**Dimensions:** 0.00cm x 0.00cm x 0.00cm**Price: \$18.60****Description**

Althaea officinalis commonly used to treat sore throats and dry coughs. The Marshmallow plant, especially the leaves and roots, contains polysaccharides that have antitussive, mucilaginous, and antibacterial properties. Because of this, marshmallow has a soothing effect on inflamed membranes in the mouth and throat when ingested orally, specifically a sore throat. The antitussive properties help reduce dry coughing and prevent further irritation and treat certain digestive disorders, including heartburn, indigestion, ulcerative colitis, stomach ulcers and Chron's disease.

We add it to creams and used to treat inflammatory skin conditions, such as eczema and contact dermatitis. Marshmallow contains flavanoids, which contain anti-inflammatory properties. The flavanoids are able to reduce inflammation while the mucilage holds them in place and prevents further damage. The tincture also induce phagocytosis, which is the process in which certain cells engulf bacteria, dead cell tissues or other solid particles. This helps speed up the healing process.

When taken internally the mucilage remains unaltered until it reaches the colon, which is why marshmallow works well on most inflammatory digestive disorders. My kids use to eat it as is in shredded form loving its flavor.

Directions: 1 or 2 Droppers full under the tongue 2-3 times a day or as needed. If alcohol sensitive, place desired amount in Hot Tea or water, alcohol will evaporate in 1-2 minutes.