

Hawthorn Tincture 50ml

**Brand:****Product Code:** 753677844018**Availability:** 2 - 3 Days**Weight:** 150.00kg**Dimensions:** 0.00cm x 0.00cm x 0.00cm**Price: \$27.80****Description**

Its cordial actions on the heart were first reported by first century Greek herbalist Dioscorides its properties are Cardiac, diuretic, astringent, tonic. Mainly used as a cardiac tonic in organic and functional heart troubles. Both flowers and berries are astringent and useful in decoction to cure sore throats. A useful diuretic in dropsy and kidney troubles. It has been claimed that preparations of hawthorn berry have been applied to the treatment of coronary circulation, coronary complications and weak heart, heart and circulatory disturbances, hypotension, and arteriosclerosis.

Hawthorn Berry may be of great help for arthritis and osteoporosis. Hawthorn is said to stabilize the collagen in the bone itself, thereby helping to counter osteoporosis. The berries have a chemical action that may help tone down inflammation. And while helping to protect collagen, it may slow down the progression of chronic inflammatory disease.

Hawthorn Berry harbors potent antioxidant properties, believed to exert cholesterol lowering effects and reduce the accumulation of fatty plaque in the arteries, thus improving blood flow to the heart. It appears to increase the liver's conversion of LDLs (bad cholesterol) into HDLs (good cholesterol) that do not clog arteries, which helps to stop plaque formation. Hawthorn tincture has been used for the treatment of spasms of the arteries (as with Reynaud's disease).

Directions: 1 or 2 Droppers full under the tongue 2-3 times a day or as needed. If alcohol sensitive, place desired amount in Hot Tea or water, alcohol will evaporate in 1-2 minutes.