

St John's Wort 60 Capsules



Brand:

Product Code: 722301198193

Availability: 2 - 3 Days

Weight: 70.00kg

Dimensions: 0.00cm x 0.00cm x 0.00cm

Price: \$29.80

Description

Hypericum perforatum Saint John's Wort Strengthens the nervous system and speeds healing. Analgesic (pain relieving), Antidepressant, Antiviral, Anti-inflammatory, Antispasmodic, Diuretic (increases the flow of urine), Emmenagogic (Promotes menstrual flow), Nutritive tonic.

Traditionally used for hypothyroidism, neuralgia, sciatica and back pain, pain from deep wounds. Mild depression (not severe depression), shingles, cold sores and herpes. Joint pain, aging, trauma and eczema.

It's properties are Stomachache, colic, lung congestion, insomnia, anemia, headaches, jaundice, catarrh, Carcinoma (type of cancer), bedwetting, melancholy, uterine cramps, menstrual problems, antidote for intestinal worms. Source of hypericin which may counter the HIV virus. Not to be taken together with the contraceptive pill, anti-epilepsy treatments and a number of other medications including anti-depressants. If you are taking any medication consult your doctor before starting St John's Wort. It should not be taken together with foods that contain tyramine i.e. cheese, red wine, preserved meats and yeast extracts.

Both oral and topical forms of St. John's wort may make unprotected skin more sensitive to sunlight or artificial light in sun tanning parlors. Some evidence from case reports also seems to associate a higher risk of cataracts with possible eye sensitization to light when St. John's wort is taken. If you use St. John's wort, be sure to use sunscreen and eye protection when exposed to sunlight or artificial light used in sun tanning. Side effects reported from taking St. John's wort by mouth include: Dizziness, Drowsiness, Dry mouth, Headache, Irritability, Upset stomach.

Directions: 1 - 2 capsules per day preferably with meals.

These capsules contain 750mg of Wildcrafted St John's Wort powder in 00 vegetarian capsules.